



Saying Black Lives Matter is the easy part. Doing something about takes work. The following is addressed to white people who want to stand up to racism. We are going to give a few suggestions. This is not an exhaustive list. We encourage you to do your own research. If you already have expertise in an area such as the environment or health, then look into the intersection of race and your interest. Look for more in the near future as we address the many sides of systemic racism.

Are you **new to this work**?

Start with an old but still relevant [list](#) in Peggy McIntosh's [unpacking the invisible knapsack](#)

Check out the web site of Debbie Irving, author of *Waking Up White* for books and articles. <https://debbvirving.com/> Take her 21-day challenge.

[Systemic Racism](#) explained in 4 minutes

Support Black led organizations:

Black Lives Matter Boston <https://blacklivesmatterboston.org/>

NAACP Boston: <http://naacpboston.com/>

Movement for Black Lives: <https://m4bl.org/>

New England Blacks in Philanthropy: <http://www.nebip.org/>

MassVote: <https://www.massvote.org/about>

Teen Empowerment Boston: <https://teenempowerment.org/boston/>

Color of Change <https://colorofchange.org/>

Economics/ Business.

Support Black Owned businesses:

<https://www.supportblackowned.com/>

<https://theblackwallet.com/>

Demand a living wage for essential workers

Does your company have inclusive hiring practices, and does it ensure the culture of your business is a welcoming one?

Read

There are many lists on the internet: Start with what **Belmont Library recommends** here: [Read Against Racism](#)

Here are just a few we recommend:

- *Between the World and Me* by Ta-Nehisi Coates
- *The Warmth of Other Suns* by Isabel Wilkerson
- *The New Jim Crow* by Michelle Alexander



- *The Stony Road, Reconstruction, White Supremacy, and the Rise of Jim Crow*, Henry Louis Gates, Jr.
- *Beloved*, by Tony Morrison
- *Just Mercy*, By Bryan Stevenson
- *White Fragility* by Robin DeAngelo
- *How to Be an Anti-Racist* by Ibram X. Kendi and check out his web site, <https://www.ibramxkendi.com/> Join us in reading this book.
- *The Color of Law: The Forgotten History of How Our Government Segregated America* by Richard Rothstein
- *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies* by Resmaa Menakem
- *One Person, No Vote: How Voter Suppression Is Destroying Our Democracy* by Carol Anderson
- [*The 1619 Project*](#) of the *New York Times*
- Or have your book club choose novels by Black authors. Start with *Their Eyes Were Watching God* by Zora Neale Hurston or *Homegoing* by Ya Gyasi.

Podcasts

“Seeing White: <https://www.sceneonradio.org/seeing-white/>

Code Switch NPR: <https://www.npr.org/podcasts/510312/codeswitch>

TED talks:

Robin DeAngelo, White Fragility <https://www.youtube.com/watch?v=45ey4jgoxeU>

Chimamanda Ngozi Adichie [*The danger of a single story*](#):

TED Talk, Professor David R. Williams [*How Racism is making us sick*](#)

Articles: [*A Case For Reparations*](#), Ta-Nahisi Coates.

Movies:

I am not your Negro, [*13th*](#), *Fences*, *Fruitvale Station*, *If Beale Street Could Talk*, *12 Years A Slave*, *Selma*, *The Hate You Give*.

Short films on Voter Suppression: [*Suppressed*](#), [*The Fight to Vote*](#) and [*Rigged: The Voter Suppression Playbook*](#)

[*Redlining*](#): Modern Day Redlining 2018 from Reveal

Support federal legislation:

The Voting Rights Advancement Act- has passed the House, not taken up by the Senate